

Age Appropriate Chores

Ages 1-3

- Put shoes away
- Put dirty clothes in the washing basket
- Place books on bookshelf
- Fetch nappies/wipes
- Help set the table

Ages 4-5

- Make the bed
- Put away clean clothes
- Match socks
- Clear the kitchen table
- Wipe up spills
- Water the plants
- Feed pets

Ages 6-7

- Help prepare dinner
- Help put light groceries away
- Replace toilet paper roll
- Wipe down bathroom/kitchen sinks and counters
- Sweep or rake
- Use a handheld vacuum

Ages 8-9

- Help put groceries away
- Load and unload the dishwasher
- Mop floors
- Dust the furniture
- Help bake cookies or scramble eggs
- Walk the dogs

Ages 10-11

- Make simple meals
- Take out the rubbish
- Wash clothes and move to the dryer
- Clean toilets, bath/shower, sinks
- Deep clean the kitchen
- Clean up after pets

Ages 12+

- Shop for groceries with supervision and a list
- **Make full meals**
- Bake cake/bread on own
- Wash windows
- Clean the car
- Iron clothes
- Supervise younger children